

# Nutrition & Exercise Science

## Possible Occupations

### Athletic Training

Athletic Director  
Certified Athletic Trainer  
Fitness Instructor  
Occupational Therapist  
Physician Assistant  
Personal Trainer  
Physical Therapist  
Recreational Therapist  
Rehabilitation  
Rehabilitation Therapist  
Sports Coach  
Sports Medicine  
Coordinator  
Strength and Conditioning  
Coach

### Dietetics

Clinical Dietitian  
Dietary Manager  
Dietitian  
Dietitian, Teaching Health  
& Nutrition  
Consultant  
Nutrition Journalist  
Pediatric Clinical Dietitian  
Public Health Nutritionist  
Research Dietitian  
Sports Nutritionist/  
Dietitian

### Exercise Physiology

Cancer Exercise Trainer  
Chiropractic Specialist  
Clinical Exercise  
Physiologist  
Health/Fitness Instructor  
Health Promotion  
Specialist  
Occupational Therapist  
Personal Trainer  
Physical Therapist  
Physician's Assistant  
Rehabilitation & Wellness  
Director  
Sports Nutritionist  
Sports Performance  
Coach  
Strength & Conditioning  
Specialist  
Weight Reduction  
Specialist

### Food and Nutrition Science

Food Editor  
Food Policy Analyst  
Food Product Developer  
Food Scientist/  
Technologist  
Food Service Specialist  
Health Educator  
Nutrition Consultant  
Nutrition Counselor  
Nutrition Researcher  
Procurement Manager  
Professor/Teacher  
Quality Control Specialist  
School Food Service  
Director  
Sports Nutritionist

## Possible Work Settings

Athletic Teams  
Community & Public  
Health Settings  
Correctional Institutions  
County School Board  
Dietetics  
Fitness Centers  
Food Industry  
Laboratories

Food Manufacturing/  
Processing Plants  
Food Research  
Departments  
Hospitals or Clinics  
Health Organizations  
Hotels & Restaurants  
International Aid and  
Relief Organizations

Non-profit Organization  
Nursing Homes  
Physician's Office  
Schools, Colleges, &  
Universities  
Social Service Agencies  
State & Federal Research  
Labs  
Wellness Centers

State & Federal Social  
Service Agencies  
Spas/Resorts

## Possible Employers

Abbott Laboratories	Department of Veterans Affairs	Maxim Healthcare Services	Foundation
Aramark			U.S. Department of Agriculture
Bally Total Fitness Holding Corporation	Delaware County School Board	Mednax, Inc.	U.S. Department of Health & Human Services
Cavaliers Operating Company, LLC	Florida State Hospital	Oregon Health & Science University Medical Group	U.S. Navy
Children's Institute, Inc.	Hometown Urgent Care	Peace Corps	Youfit Health Clubs, LLC
Colorado Rockies Baseball Club, Ltd.	Integrative Nutrition, LLC	Sport & Health Clubs, L.C.	
	Los Angeles Dodgers LLC	Tenet Healthcare	
	Lowell General Hospital		

## Related Professional Organizations

American College of Sports Medicine - Indianapolis, IN <a href="http://www.acsm.org">www.acsm.org</a>	American Council on Exercise - San Diego, CA <a href="http://www.acefitness.org">www.acefitness.org</a>	National Athletic Trainers' Association - Carrollton, TX <a href="http://www.nata.org">www.nata.org</a>
American Culinary Federation - St. Augustine, FL <a href="http://www.acfchefs.org">www.acfchefs.org</a>	American Society for Nutrition - Bethesda, MD <a href="http://www.nutrition.org">www.nutrition.org</a>	The National Association for Health & Fitness - Indianapolis, IN <a href="http://www.physicalfitness.org">www.physicalfitness.org</a>
American Dietetic Association - Chicago, IL <a href="http://www.eatright.org">www.eatright.org</a>	International Confederation of Dietetic Associations - Toronto <a href="http://www.internationaldietetics.org">www.internationaldietetics.org</a>	

## Additional Resources

OWU Career Connection <a href="http://careers.owu.edu/">http://careers.owu.edu/</a>	School Nutrition Association Job Board <a href="https://schoolnutrition.org/">https://schoolnutrition.org/</a>	GoinGlobal <a href="http://online.goinglobal.com/">online.goinglobal.com/</a>
National Athletic Trainers' Association Career Center <a href="http://jobs.nata.org">jobs.nata.org</a>	Parker Dewey <a href="http://info.parkerdewey.com/owu">info.parkerdewey.com/owu</a>	National Compensation Survey <a href="http://www.bls.gov/ncs/">www.bls.gov/ncs/</a>
National Sporting Goods Association Job Board <a href="http://www.nsga.org/jobs">www.nsga.org/jobs</a>	Candid Career <a href="http://www.candidcareer.com/">www.candidcareer.com/</a>	Occupational Outlook Handbook <a href="http://www.bls.gov/ooh">http://www.bls.gov/ooh</a>
Nutrition Jobs <a href="http://www.nutritionjobs.com">www.nutritionjobs.com</a>	Handshake <a href="http://owu.joinhandshake.com/">owu.joinhandshake.com/</a>	Salary.com <a href="http://www.salary.com">www.salary.com</a>