

**Jody Forman,** Academic Assistant in the Department of Modern Foreign Languages, is always on the move. She can often be found doing a three-mile trek around the OWU campus or local neighborhoods during her lunch hour. A lifelong walker, Jody began journaling the distances she walked about 30 years ago. So far she has tracked over 25,000 miles and has created her own journal, Walk A Crooked Mile—A fitness journal of thoughts, walks, and inspirations.

As a traveler and explorer of the American Southwest, Jody has hiked across the Grand Canyon several times—in addition to hiking/exploring many areas of Arizona. But Jody is more than a consummate walker—she helps motivate and encourage others to get up and start walking by distributing her walking journals to friends/family.

Jody currently lives on Granny Creek Farms with her husband, Mike. Together they raise beef cattle, sheep, and chickens. In her spare time, she enjoys quilting, perennial gardening, and spending time with her eleven grandchildren who are super active in sports and 4-H.

WALK A CROOKED MILE

A proud mom of three, (two are OWU Alums, Martin '99 and Megan '02—both played soccer and were captains of their National Championship Teams in 1998 and 2001), Jody is a current OWU senior looking forward to her walk across the stage to receive her degree in sociology.

Jody Forman — Academic Secretary, MFL — Jody recommends *Down and Out in Paris and London* — a 1933 autobiographical work by George Orwell that she read for a History class—20th Century Europe. Admittedly not your typical beach read, Jody said she found Orwell's description of his day-to-day living in poverty fascinating.

## H.R. Buzzzzz...

#### **NEW STAFF:**

 Michael Brockfield '03
 5/21/2018

 LeeAnn Celapino '18
 5/21/2018

 Stephen Hughes
 2/26/2018

 Jill Hayes
 3/01/2018

 Krysta Iwanek '18
 5/21/2018

 Lori Long
 3/05/2018

 Chandra Reinhart
 4/02/2018

 Catherine Kocian '17
 4/16/2018

Campus Store Manager
Post-Grad Intern - Annual Giving
HVAC Technician
Office Manager - Career Services
Assistant Women's Volleyball Coach
Academic Secretary - ECON
Assistant Director of Human Resources
Assistant Director of Young Alumni &
Student Engagement

# For your health...

# **Open enrollment,** for benefit eligible employees

is April 23 – May 18.

Ohio Wesleyan will be renewing its health care plan with Anthem effective July 1, 2018.



#### And for the first time employees will have two choices:

- A **High-Deductible Health Plan** (with a Health Savings Account)
- Our current **PPO Plan**

The **High-Deductible Health Plan** comes with a higher deductible, lower employee premiums, and a *Health Savings Account* all designed to help reduce employee out-of-pocket costs.

The *Health Savings Account* is essentially a tax-free savings account that you use to pay healthcare-related expenses. Unlike a flexible spending account, the money you put into an HSA is yours forever. It stays in your account from year to year, and you take it with you when you retire or leave OWU. And for at least the next two years, OWU is making a commitment to every employee who switches to the high-deductible plan to contribute funds to your HSA: \$1,500 for employees with individual plans and \$3,000 for those with family plans.

The **PPO Plan** will again have increased monthly premiums and the OWU/ employee cost-sharing split will be 80%-20%.

If you have questions or wish to learn more, Scott Simon (ext. 3394) and Liz Foos (ext. 3327) are available to meet with you individually to provide information you will need to select the choice that best meets your needs.

Current Staff Council members and departments:

ACADEMIC AFFAIRS/ATHLETICS Jason Cox Becky Lauer

Jason Cox Becky Lauer Adam Mayer Jana Shipley ENROLLMENT MANAGEMENT Ellen Erikson Amy Kaple

FINANCE AND ADMINISTRATION Rosie Bell Kim Eckart Sara Stuntz STUDENT AFFAIRS / CHAPLAIN'S OFFICE Dina Daltorio Chad Johns

UNIVERSITY ADVANCEMENT Joni Garloch Ed Lenane Ohio Wesleyan University



**Staff Council Newsletter** 

May 2018

### **Greetings from Staff Council**

As the spring semester winds down, I want to take a moment to thank all the members of Staff Council for the work they have done this past year. It has been a year of transition, and the Council is busy planning for the 2018-19 academic year.

It is our job to represent you at Staff Council meetings and events so I encourage each of you to get involved, voice your opinions, and expect great things from your representatives. Please feel free to email us at staffcouncil@owu.edu with suggestions or if we may be of assistance in any way.

On behalf of the council, we hope everyone has a wonderful summer and look forward to seeing everyone back on campus in August at the annual "Welcome Back Picnic" on Tuesday, August 21.

With Bishop Pride, Ed Lenane, Staff Council Chair

# MARK YOUR CALENDARS....

WELCOME BACK PICNIC AUGUST 21

ALL-STAFF MEETING
AUGUST 29

2019 STAFF RECOGNITION LUNCHEON AND CEREMONY JANUARY 9

## Did You Know...

...When David Warren became president of the University in 1984, he set out to change OWU's party-school image. To discover what students were thinking and feeling, he initiated a "live-in" presidency, taking up residence in a succession of dorms, small living units, and fraternity houses. After several weeks of late-night bull sessions, early morning talks while jogging, and turnabout pranks (he cut off all the hot water in one dorm after the residents called in a false fire alarm), he decided to make the rebuilding of OWU's community spirit a major goal of his administration.

One of his first projects was a fall picnic at his home to which students, faculty, staff, and townspeople were invited. More than 1,500 people attended. Following speeches by representatives from the various athletic teams, the cheerleaders, and pep band led picnickers to Selby Stadium.

Noble Achievements: The History of Ohio Wesleyan University from 1942 to 1992



to give us some recommendations — what they've read recently or plan to read this summer. Hope you enjoy seeing their selections and getting to know them better, too.

#### Sarah Burns — Assistant Director, Admission

- Sarah recommends two books from Gillian Flynn, author of the well-known thriller *Gone Girl*. She says the books Sharp Objects and Dark Places, are page-turning mysteries good for pool or beach. This summer, Sarah is attending a wedding in Las Vegas and then taking a long road trip back to Ohio. For the road, she's taking *Six of Crows* by Leigh Bardugo and *A Wrinkle in Time* by Madeleine L'Engle, (first published in 1962). She read A Wrinkle in Time as a kid but wants to read it again along with the other books in L'Engle's Time Quintet series: A Wind in the Door, A Swiftly Tilting Planet, Many Waters, and An Acceptable Time. That should keep her well-stocked with reading until she gets back to Ohio.

Lindsay Mauter — Associate Director,
University Communications — Lindsay is tackling a big home remodeling project this spring so her summer reading—when she gets a moment to sit down and put her feet up—will be fittingly *The Magnolia Story*, a memoir by Chip and Joanna Gaines, stars of HGTV's popular program Fixer Upper. And when she needs an escape from the reality of remodeling, she will be reaching for fantasy, reading the Harry Potter books to her young sons.

Mary Kate McNally — Director of Marching and Spirit Bands – In March, Mary Kate traveled with OWU students to Washington, D.C., for the March for our Lives. On the long ride, she read Blindspot. Hidden Biases of Good People by Mahzarin Banaji and Anthony Greenwald. She found it to be particularly impactful and relevant to that moment. The book's message is that, "despite our best intentions, our mind often has a mind of its own"... when it comes to blindspots about biases related to race, gender, and a variety of other factors in how we perceive others and they perceive us. She says it's well-researched but is an easy and enjoyable read.

Scott Middleton — Technical Support
Specialist, Information Services — Scott
recommends Annihilation by Jeff
VanderMeer for good summer escapist
fiction. Scott notes, "It was recently
released as a movie that has had great
reviews (I haven't seen it yet), but the
book was fantastic. Very well-written, it's
a novel that kicks off the Southern-Reach
Trilogy, a science fiction series about
a group of four female scientists who
venture out into an abandoned site called
Area X to study the effects it has had on
the environment and try to discover its

origins. It's equal parts creepy and beautiful all at the same time. I'm a big sci-fi fan, but anyone with an interest in fiction will enjoy it!"

Dee Peterson — Director of Libraries — and Joe Peterson — Systems Technician, Information

**Services** – "We read a lot of children's books these days with a 3 yr. old and almost 2 yr. old in the house." For staff who are parents, they recommend Stick and Stone by Beth Ferry and illustrated by Tom Lichtenheld. Dee says, "It's a personal favorite from our collection for young children with great rhyming, beautiful illustration, and a nice message of friendship." But for the older readers, Dee is enjoying The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing by Marie Kondo, and hopes it will inspire her spring cleaning. Joe is currently reading the Payne & Jones series by Chris Kuzneski and describes it as "Bruce Wayne meets Indiana Jones meets Jason Bourne." These books—and another series, *The Hunters*—were written by Joe's former high school football coach, and a former classmate of Joe's worked as an editor on these series.

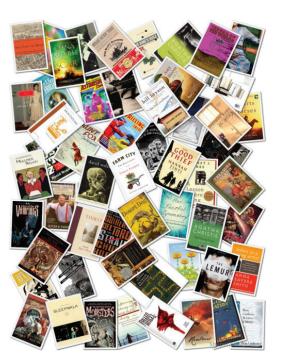
# Brad Pulcini — Associate Dean for Student Engagement, Director of the First-Year Experience

- Brad plans on revisiting *Tony Hawks' Round Ireland with a Fridge*, which he first read years ago. An international best-seller when it was published in 2001, this is an account of Hawks' attempt to hitchhike across Ireland with a fridge—on a bet. This is travel writing in the vein of Bill Bryson. Brad says summer is a time "both exciting and stressful, but is also a time

of getting to know new students and their families stories. This book is storytelling in its truest form."

Amy Gettys — Assistant Controller — Amy recommends Aging Gracefully: Portraits of People Over 100 by Karsten Thormaehlen. Amy says, "When I saw this book at the library, I knew I had to read it. It's a picture book that gives you a glimpse into the lives of people around the world who are over 100." Amy also recommends a book she found on libraryreads. org where it was named Librarian's Favorite for May 2017—Eleanor Oliphant is Completely Fine—a debut novel by Scottish author Gail Honeyman.

Mindy Agin — Assistant Director for Internships and Externships – Mindy recommends two books that she read recently and loved: The Rent Collector by Camron Wright. "Survival for Ki Lim and Sang Ly is a daily battle at Stung Meanchey, the largest municipal waste dump in all of Cambodia. They make their living scavenging recyclables from the trash. Just when things seem worst, Sang Ly learns a secret about the bad-tempered rent collector who comes demanding money—a secret that sets in motion a tide that will change the life of everyone it sweeps past." Mindy says once you start it you can't put it down. The second book is *Small Great Things* by Jodi Picoult. Mindy says this book is very thought-provoking and relevant given the current political climate, as it tackles questions about race and prejudice. "I loved both these books. While their storylines are very different, they both challenge us to come to grips with our own limitations and views of the world."



# SUMMER HIKING

Looking for a quiet place to hike? Or picnic?
Or somewhere to lie down and page through that summer read? Relax and rejuvenate yourself at one of the numerous parks and preserves close by.

HERE ARE JUST A FEW PLACES TO CHOOSE FROM:

#### **Alum Creek State Park:**

3615 S. Old State Rd

Delaware, OH 43015

- Total trail length 4,630 acres + 3387 acre reservoir
- Dog friendly (Dog Park)
- Mountain bike trails
- Bridle trails
- Disc golf course, boating, swimming, equestrian train and camp

#### **Deer Haven Preserve:**

4183 Liberty Rd Delaware, OH 43015

- Total trail length 3 miles
- Dog friendly
- Good site for bird watching

#### **Delaware State Park:**

5202 US Route 23 North Delaware, OH 43015

- Total trail length 5 miles
- Dog friendly
- Good site for bird watching
- Boating, swimming, disc golf adjacent to Delaware Wildlife Area

#### **Gallant Farm Preserve:**

2150 Buttermilk Hill Rd

Delaware, OH 43015

 The emphasis of this park is its working farm that is recreating farm life from the Great Depression, WWII era. The farm buildings are open from noon to 5 p.m. Thursday through Saturday. The park grounds are open until dusk

To find more outdoor parks and preserves or to find seasonal events please go to: **trekohio.com/delaware** 

